

Caregiver Coach

Position Description

The Caregiver Support Program offers education sessions, network groups, information and consultation related to the emotional and practical aspects of caregiving. The program serves people caring for an adult friend or family member with a physical or cognitive condition. In this peer support role, the Caregiver Coach will provide practical and/or emotional support to one or two caregivers who would benefit from the encouragement. As a coach you would share knowledge and personal experience and be open and willing to share resources you know about or have accessed in the community.

Reports to: Coordinator, Caregiver Program

Time Commitment

- The Caregiver Coach will connect one-to-one with a caregiver, in-person or on the phone, at mutually agreed upon times.
- An ability to commit for a minimum of 6 months would be preferable.

Skill & Education Requirements

- Provide emotional support through active and empathetic listening
- Possess patience, good communication skills, good discernment, and discretion
- An interest in meeting new people and helping them to connect with services in the community
- Capacity to appreciate the various challenges and stresses of the caregiving role
- Ability to converse comfortably
- Reliable and committed
- Ability to participate in orientation and ongoing training

Familiarity with North Shore services is an asset.

Language Requirements: S=SPEAK R=READ W=WRITE

Able to speak and read English. Another language would be an asset.

Criminal Records Check Requirements

Criminal Record Check through Ministry of Justice.

References

1. The first step would be to meet with the Coordinator, Caregiver Program.
2. Provide one other reference (character or personal).