# Caregiver Support Program
# Caregiver Coach and Peer Support Program
# Advisory Committee Member

**Position Description**
**The Caregiver Support Program offers education sessions, network groups, information and consultation related to the emotional and practical aspects of caregiving. The program serves people caring for an adult friend or family member with a physical or cognitive condition. With funding from New Horizons for Seniors Program we are expanding and developing our Caregiver Coach and Peer Support Program. This program recruits, trains, and matches volunteer coaches to be of emotional and practical support to caregivers in our community. A full job description will be provided upon indication of interest.**

**We are currently seeking Advisory Committee Members to offer insight, wisdom, and expertise to help shape the program in the initial planning stages.**

**Reports to: Coordinator, Caregiver Program ~ Elizabeth Bishop ~ elizabeth.bishop@nscr.ca**

**Time Commitment**
- **The Advisory Committee will meet initially every 4 – 6 weeks in the establishment phase**
- **On going commitment long-term will involve quarterly meetings**

**Skill & Education Requirements**
- **Capacity to appreciate the various challenges and stresses of the caregiving role**
- **Comfortable sharing ideas and perspectives in a group setting**
- **Some understanding of the skills important in coaching others**
- **Ability to identify important considerations for training**
- **Capacity to assist with marketing and promotion of the program**
- **Knowledge of community agencies and recruitment strategies**
- **Personal experience or interest in the caregiving role and/or the coaching role**
- **Reliable and committed**
- **New Horizons for Seniors focuses on the inclusion of "seniors" in the development and implementation of programs. If you self-identify as a senior, please consider joining us. If you do not, please know you are still welcome to participate.**

**Criminal Record Check through Ministry of Justice.**

**References**
1. **The first step would be to meet with the Coordinator, Caregiver Program.**
2. **Provide one other reference (character or personal).**